

December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
IN PERSON 11am – 1pm WAGEES Paint n’ Sip CLOSED – Invite Only 1600 York Street – Rm 202	IN PERSON 10:30-Noon Seeking Safety Channa Alles Cancelled	IN PERSON 10:30-Noon Women in Motion Channa & Laura S 1600 York Street – Rm 202	IN PERSON 10:30-Noon Drug & Alcohol Education Channa Alles Cancelled	
IN PERSON Noon – 1pm Walk City Park Meet at agency at noon *weather permitting	IN PERSON 10:30-Noon Step Forward Mick Mounsey 1600 York Street – Rm 108	IN PERSON 10:00-Noon & 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing	IN PERSON 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing	
IN PERSON 1-2:30pm Imagine You Laura Perez 1600 York Street – Rm 202			IN PERSON 3-4:30pm Crafting with Deb Deborah Lawton 1600 York Street – Rm 202	
9	10	11	12	13
IN PERSON Noon – 1pm Walk City Park Meet at agency at noon *weather permitting	IN PERSON 10:30-Noon Step Forward Mick Mounsey 1600 York Street – Rm 108	IN PERSON 10:30-Noon Women in Motion Laura Schneider 1600 York Street – Rm 202	IN PERSON 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing	CLOSED AT NOON
IN PERSON 1-2:30pm Imagine You Laura Perez 1600 York Street – Rm 202		IN PERSON 10:00-Noon & 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing	IN PERSON 3-4:30pm Crafting with Deb Deborah Lawton 1600 York Street – Rm 202	
IN PERSON 1:30-3pm Circles Project Restorative Justice CO 1600 York Street – Rm 108				




- ***PARTICIPANT VOICES COUNCIL** Meets once a month to provide feedback about services and amplify the voices of our participants. Everyone is welcome
- The **CIRCLES PROJECT** is a collective of people seeking to cultivate community support, accountability, and healing by practicing and teaching restorative justice and transformative justice principles and practices. Restorative Justice of Colorado – every 2nd Monday.
- **IMAGINE YOU** involves mindfulness, self-care, motivation, and setting healthy boundaries by building skills using S.M.A.R.T. Goals, and weekly activities including arts & crafts.
- **MAKE YOUR VOTE COUNT** – get help registering to vote and learn more about how voting works and why it matters. (1st & 3rd Monday)
- **STEP FORWARD** is a harm reduction group to holistically step forward into a life of recovery through community and self-improvement.
- **WALK CITY PARK** is a group for participants and staff to get out and move! Weather Permitting.
- **WOMEN IN MOTION with Gratitude and Joy** is a group to help us connect with our community and show gratitude.

The Empowerment Program, Inc.
 1600 York Street, Denver, CO 80206
 Phone: 303-320-1989 ♦ fax: 303-320-3987
 Website: empowermentprogram.org



TO ENROLL: CALL: 720-850-7500
 E-MAIL: intake@empowermentprogram.org
 WEBSITE: empowermentprogram.org/get-started

December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16	17	18	19	20
<p>Santa's Elves Shopping Day! 9am –1pm Room 202</p> 	<p>IN PERSON 10:30-Noon</p> <p>Step Forward Mick Mounsey 1600 York Street – Rm 108</p>	<p>IN PERSON 10:30-Noon</p> <p>Women in Motion Laura Schneider 1600 York Street – Rm 202</p> <p>IN PERSON 10:00-Noon & 1-3pm</p> <p>FREE & Confidential HIV, HepC, & STI DROP-IN Testing</p>	<p>IN PERSON 1-3pm</p> <p>FREE & Confidential HIV, HepC, & STI DROP-IN Testing</p>	
<p>IN PERSON 1-2:30pm</p> <p>Imagine You Laura Perez 1600 York Street – Rm108</p>		<p>IN PERSON 1-2:30pm</p> <p>Participant Voices Council 1600 York Street – Rm 202</p>		
23	24	25	26	27
<p>IN PERSON Noon – 1pm</p> <p>Walk City Park Meet at agency at noon *weather permitting</p> <p>IN PERSON 1-2:30pm</p> <p>Imagine You Laura Perez 1600 York Street – Rm 202</p>	<p>Empowerment Offices at 1600 York St. are CLOSED</p> <p>We will be Closed for the Holidays</p> 		<p>IN PERSON 1-3pm</p> <p>FREE & Confidential HIV, HepC, & STI DROP-IN Testing</p>	
30	31	CLOSED– New Years Day! January 1	January 2	January 3
<p>IN PERSON Noon – 1pm</p> <p>Walk City Park Meet at agency at noon *weather permitting</p> <p>IN PERSON 1-2:30pm</p> <p>Imagine You Laura Perez 1600 York Street – Rm 202</p>	<p>IN PERSON 10:30-Noon</p> <p>Step Forward Mick Mounsey 1600 York Street – Rm 108</p>	 <p>To Enroll for Groups Go to our website or call 720-850-7500</p> 