


April 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Room 202 10:30-Noon Life Skills Liza Johnson	Room 202 10:30-Noon TREM Roxy Davis Room 202	IN PERSON 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing	Room 108 11am-12:30 Step Forward Chelsea Manke
		IN PERSON 10:00-Noon & 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing		
7	8	9	10	11
Room 202 10:30-Noon Budgeteers! Dominique & Selena	Room 202 10:30-Noon Life Skills Liza Johnson	Room 202 10:30-Noon TREM Roxy Davis Room 202	IN PERSON & 1-3pm FREE & Confidential HIV, HepC, & STI NO TESTING TODAY!	Room 108 11am-12:30 Step Forward Chelsea Manke
Room 202 1-2:30pm Imagine You Deborah Lawton		IN PERSON 10:00-Noon & 1-3pm FREE & Confidential HIV, HepC, & STI NO TESTING TODAY!		
		Room 202 1-2:30pm Empowerment Women for Nonviolence		

- ***EMPOWERMENT WOMEN FOR NONVIOLENCE** meets on the 2nd Wednesday - meaningful discussions to promote nonviolence, with its links to mental, spiritual, and physical health. Participant lead. All are welcome.
- ***PARTICIPANT VOICES ADVISORY COUNCIL** meets on the 3rd Wednesday to provide a space to amplify the voices of our participants regarding programs and services at Empowerment. Participants and staff welcome.
- **BUDGETEERS!** involves...Description coming soon!
- **IMAGINE YOU** involves mindfulness, self-care, motivation, and setting healthy boundaries by building skills using S.M.A.R.T. Goals, and weekly activities including arts & crafts.
- **LIFE SKILLS** includes time/stress/money management, self-esteem, communication skills, and beyond.
- **RESTORATIVE JUSTICE - CIRCLES PROJECT** meets every 2nd Monday -A collective of people seeking to cultivate community support, accountability, and healing by practicing and teaching restorative justice and transformative justice principles and practices. Restorative Justice of CO – Participants and staff welcome.
- **STEP FORWARD** is a harm reduction group to holistically step forward into a life of recovery through community and self-improvement.
- **TREM – Trauma, Recovery, & Empowerment** is a comprehensive group intervention designed to help people who have experienced trauma and substance addiction.

The Empowerment Program, Inc.
 1600 York Street, Denver, CO 80206
 Phone: 303-320-1989 ♦ fax: 303-320-3987
 Website: empowermentprogram.org



TO ENROLL: CALL: 720-850-7500
 E-MAIL: intake@empowermentprogram.org
 WEBSITE: empowermentprogram.org/get-started

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
14		15		16		17		18	
Room 202 10:30-Noon	Budgeteers! Dominique & Selena	Room 202 10:30-Noon	Life Skills Liza Johnson	Room 202 10:30-Noon	TREM Roxy Davis Room 202	IN PERSON 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing	Room 108 11am-12:30	Step Forward Chelsea Manke
Room 202 1-2:30pm	Imagine You Deborah Lawton			IN PERSON 10:00-Noon & 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing				
Room 202 3-4:30pm	Restorative Justice Circles Project			Room 202 1-2:30pm	Participant Voices Council (Advisory Council)				
21		22		23		24		25	
Room 202 10:30-Noon	Budgeteers! Dominique & Selena	Room 202 10:30-Noon	Life Skills Liza Johnson	Room 202 10:30-Noon	TREM Roxy Davis Room 202	IN PERSON 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing	Room 108 11am-12:30	Step Forward Chelsea Manke
Room 202 1-2:30pm	Imagine You Deborah Lawton			IN PERSON 10:00-Noon & 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing				
28		29		30		<div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p style="text-align: center;">Book a Testing & PrEP Appointment Online!</p> <p style="text-align: center;">VISIT OUR WEBSITE!</p>			
Room 202 10:30-Noon	Budgeteers! Dominique & Selena	Room 202 10:30-Noon	Life Skills Liza Johnson	Room 202 10:30-Noon	TREM Roxy Davis Room 202				
Room 202 1-2:30pm	Imagine You Deborah Lawton			IN PERSON 10:00-Noon & 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing				