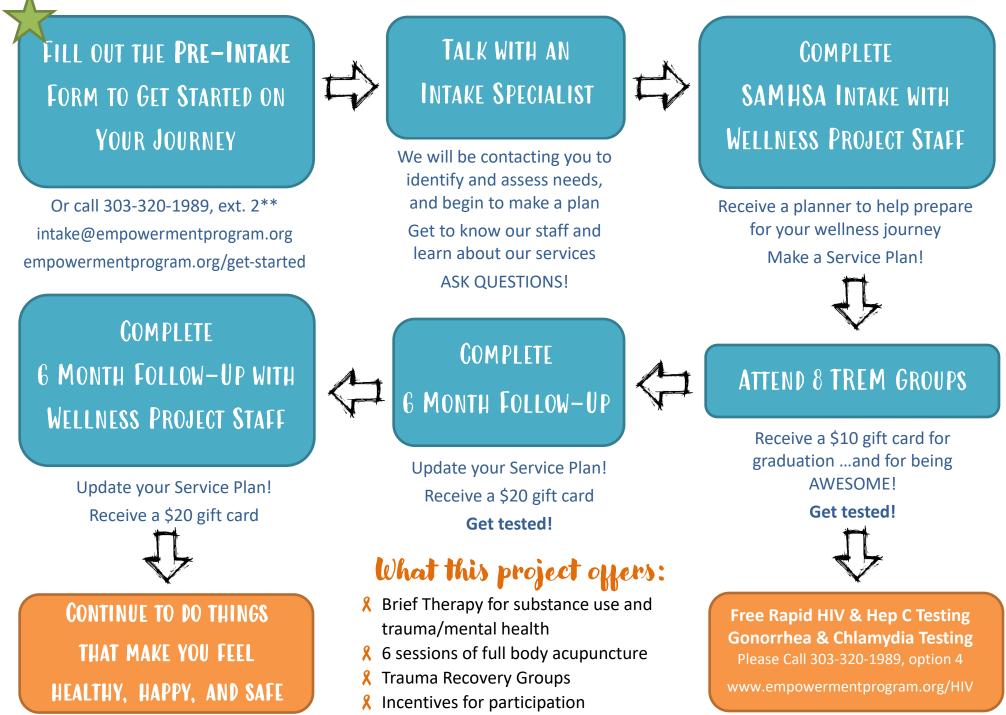
How to get involved with The Wellness Project, funded by SAMHSA



ARE YOU INTERESTED IN REDUCING HARM TO YOUR BODY AND YOUR COMMUNITY? WELLNESS SPREADS AND WHEN YOU TAKE TIME TO FOCUS ON YOUR WELLNESS YOU ARE ALSO TAKING TIME TO INCREASE THE **RESILIENCY OF YOUR FAMILY** AND COMMUNITY. IF YOU ARE INTERESTED IN **REDUCING HARM TO YOUR BODY BY ADDRESSING SUBSTANCE USE** AND MENTAL WELLNESS THIS IS A **GREAT PLACE FOR YOU TO START.**





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