

# How to get involved with The Wellness Project, funded by SAMHSA



FILL OUT THE PRE-INTAKE  
FORM TO GET STARTED ON  
YOUR JOURNEY



TALK WITH AN  
INTAKE SPECIALIST



COMPLETE  
SAMHSA INTAKE WITH  
WELLNESS PROJECT STAFF

We will be contacting you to identify and assess needs, and begin to make a plan  
Get to know our staff and learn about our services  
**ASK QUESTIONS!**

Receive a planner to help prepare for your wellness journey  
Make a Service Plan!



COMPLETE  
6 MONTH FOLLOW-UP WITH  
WELLNESS PROJECT STAFF



COMPLETE  
6 MONTH FOLLOW-UP



ATTEND 8 TREM GROUPS

Receive a \$10 gift card for graduation ...and for being AWESOME!

**Get tested!**



Update your Service Plan!  
Receive a \$20 gift card



CONTINUE TO DO THINGS  
THAT MAKE YOU FEEL  
HEALTHY, HAPPY, AND SAFE

## What this project offers:

- 🎗 Brief Therapy for substance use and trauma/mental health
- 🎗 6 sessions of full body acupuncture
- 🎗 Trauma Recovery Groups
- 🎗 Incentives for participation

Free Rapid HIV & Hep C Testing  
Gonorrhea & Chlamydia Testing  
Please Call 303-320-1989, option 4  
[www.empowermentprogram.org/HIV](http://www.empowermentprogram.org/HIV)

ARE YOU INTERESTED IN  
REDUCING HARM TO YOUR BODY  
AND YOUR COMMUNITY?



WELLNESS SPREADS AND WHEN  
YOU TAKE TIME TO FOCUS ON  
YOUR WELLNESS YOU ARE ALSO  
TAKING TIME TO INCREASE THE  
RESILIENCY OF YOUR FAMILY  
AND COMMUNITY.



IF YOU ARE INTERESTED IN  
REDUCING HARM TO YOUR BODY  
BY ADDRESSING SUBSTANCE USE  
AND MENTAL WELLNESS THIS IS A  
GREAT PLACE FOR YOU TO START.



*The Wellness Project*

*Funded by SAMHSA*

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